Resources to help community members stay well amid rapid changes to daily life:

- Resources to maintain healthy lifestyle amidst COVID-19 outbreak
- Working out while staying safe during the coronavirus outbreak
- If you hunker down against coronavirus, don't stop reaching out, experts say
- Coronavirus safety tips (video)
- School meal to continue during-coronavirus-closures
- CPR information during COVID-19
- Coronavirus precautions for patients, others facing higher risks
- What Heart Patients should know about the coronavirus
- A look at allergies and heart health, with tips to endure pollen season amid coronavirus fears
- 'Be happy' isn't so simple, especially amid coronavirus worries – but it's seriously good for health

Several of AHA's general resources also provide tips for healthy living particularly relevant to current circumstances:

- An infographic for creating a home workout system
- Staple ingredients for quick healthy meals